

The Saturday Money Reset

A printable companion to “Spend One Saturday Afternoon Getting Your Money Life Together.”

DATE

START

FINISH

1. Where things stand today

Write down what is true today. No optimizing yet.

MONEY AVAILABLE

Checking

\$

Savings

\$

Cash / other available

\$

Total available

\$

MONEY ALREADY SPOKEN FOR

Credit card balances

\$

Debt payments due

\$

Bills before next payday

\$

Irregular expenses

\$

Total committed

\$

MONEY COMING IN

SOURCE

DATE

AMOUNT

What feels most unclear right now?

The goal is visibility, not perfection.

Look Back + Look Ahead

2. Three clues from last month

SOMETHING THAT COST MORE THAN I THOUGHT

SOMETHING THAT KEPT REPEATING

ONE THING I COULD REALISTICALLY CHANGE

3. Put the next 30 days on one page

Include paydays, bills, renewals, appointments, gifts, travel, car costs, or other known expenses.

DATE	WHAT'S COMING	EST. AMOUNT	PAID?

ONE REALISTIC ADJUSTMENT FOR THE MONTH AHEAD

Recurring Charges + Systems

4. The recurring-charge sweep

Give every recurring charge one decision: Keep, Cancel, Downgrade, or Check.

CHARGE / SERVICE	AMOUNT	KEEP	CANCEL	DOWNGRADE	CHECK
		☐	☐	☐	☐
		☐	☐	☐	☐
		☐	☐	☐	☐
		☐	☐	☐	☐
		☐	☐	☐	☐
		☐	☐	☐	☐
		☐	☐	☐	☐
		☐	☐	☐	☐

5. Fix one or two systems

- ☐ Automate a realistic savings transfer
- ☐ Create a place for irregular expenses
- ☐ Make one bill harder to forget
- ☐ Define one postponed money decision
- ☐ Set up bill pay / autopay where appropriate
- ☐ Other:

SYSTEM 1

Next action

When

SYSTEM 2

Next action

When

Financial Admin + Future You

6. Clear the financial admin pile

	SORTED	FOLLOW UP
Taxes	☐	☐
Insurance	☐	☐
Banking	☐	☐
Debt / loans	☐	☐
Vehicle	☐	☐
Home	☐	☐
Medical	☐	☐
Employment	☐	☐
Warranties / major purchases	☐	☐

7. Future-you handoff

ONE EXPENSE TO EXPECT

ONE ACTION STILL OPEN

NEXT MONEY CHECK-IN DATE

8. Close the loop

- ☐ Current balances checked

☐ Debt and upcoming bills noted

☐ Last month reviewed for patterns

☐ Recurring charges audited

☐ Next 30 days mapped
- ☐ One realistic adjustment chosen

☐ One or two systems fixed

☐ Important paperwork organized

☐ Next money check-in scheduled

Know where you stand. Know what's next. Then close the laptop.